

Initial Consultation Information Form



What do you need *prior* to your first appointment?

- Completed Consent and Intake Forms
- Completed School Questionnaire
- Copies of Relevant documents (please make copies of the important ones for us to keep)
 - Consultation Letters (e.g. Doctors/Paediatricians)
 - Reports from Professionals (e.g. Psychologists, Occupational Therapists, Speech Therapists, Paediatricians/Doctors)
 - School Reports
 - If your child is currently seeing another professional (e.g. Speech Pathologist), please ask for a brief summary of the current issues and plan.

You can **scan and email** these documents to cdn@cd.net.au. Please reference your young person's name in the email. Your clinician will want to read through them prior to speaking with you and as such it is requested that these forms be provided no later than 48hours prior to your first appointment.

What to expect and who should attend.

The **first appointment (Intake Appt)** is to meet with the parents and to gain a thorough understanding of your concerns. This appointment is via **zoom** and your young person is not required to attend this appointment.

For the first visit it is requested that, where reasonably possible, both parents (if both are involved in the young person's ongoing care) attend. If there are shared care/ custody arrangements I ask that both parents complete the assessment questionnaire. Doing so provides an insight into your individual concerns and how your young person interacts in their different home environments. Alternatively, if there are others (such as grandparents) who are closely involved, they are welcome to be part of the conversation if that is appropriate *for you*.

During this appointment, we will discuss next steps and the types of testing that would be beneficial to address the presenting concerns. Afterwards I will prepare some psychometric tests for yourself and potentially their teachers to complete.

The **second** and **third** appointments are testing appointments *in clinic* with your young person. Please bring a water bottle and snack with them. Following these appointments, I will compile all the information together and write a comprehensive report. Occasionally a third testing appointment is required. If this is the case, it will be discussed with you in the initial appointment.

Please have your young person bring;

- Water bottle and snack
- Light jumper (it can sometimes get cold in the clinic rooms)
- Favourite fidget/comfort item if appropriate

The **feedback** appointment occurs a minimum of 3 weeks following the final assessment appointment and involves me providing the assessment results and diagnosis (if appropriate). Ongoing recommendations and strategies will be discussed and opportunity for you to ask any questions. This appointment is via **zoom** and your young person is not required to attend this appointment. Please note the comprehensive report will not be provided until the account is paid in full.