

GP Mental Health Care Plan

Item 2710 – Preparation

We ask that you consider preparing a mental health plan for this child in order to

1. Become involved in the assessment and management of this child's mental health needs
2. Enable the parents to access services from a psychologist that are Medicare refundable.

The **required** components of this plan are:

1. Record the parent (and child) agreement for this service
2. Record the presenting problem and take a general history
3. Conduct your own mental health state examination of the child
4. Assess related risk and co-morbid factors
5. Make a formulation
6. Identify the required outcome (using some form of evaluation tool if appropriate)

We have prepared a simple form to assist this process that is specific for childhood mental health and developmental disorders. This is available on our website (cd.net.au)

The benefit (Jan 2007) is \$112.50

Item 2712 – Review

You are entitled to review visits for your plan, and we strongly encourage you to do this.

The first review visit needs to be more than 4 weeks after the plan was prepared.

Subsequent review visits need to be at intervals greater than 3 months from the previous review.

If there has been a change in the child's condition, it is possible to review more often than 3 months.

The benefit (Jan 2007) is \$75

Other Item numbers

There are a set of items for the preparation of Chronic Disease Management plans, and the continuing review of these.

If a child's problems are more in the areas of learning and development, we suggest you consider these CDM plans.

The relevant item numbers are

- 721
- 723
- 725
- 727
- 729

It is possible for a child to have both a mental health and a chronic disease plan if this is appropriate.