

Childhood Mental Health Conditions

In the preparation of Mental Health Care Plans, the following are acceptable conditions that you may suspect, and refer for diagnostic and treatment services to a psychologist.

- Disorders of self control
 - Attention deficit (hyperactivity) disorder / Hyperkinetic disorder
 - Disorders of emotional control

- Anxiety based disorders
 - Generalised anxiety
 - Specific phobias
 - Panic disorder
 - Unexplained somatic problems
 - Obsessive Compulsive Disorder

- Reactive disorders to life experiences
 - Adjustment disorder
 - Bereavement disorders
 - Post-traumatic stress disorder
 - Dissociative (conversion) disorder

- Mood disorders
 - Depression
 - Mixed anxiety and depression
 - Cyclic mood disorders

- Disorders with a behavioural presentation
 - Oppositional defiant disorders
 - Conduct disorder
 - Sexual disorders
 - Eating disorders
 - Drug and alcohol problems
 - Enuresis and encopresis (non-organic)

- Sleep problems

- Psychotic disorders
 - Schizophrenia
 - Bipolar disorder

- Mental disorder, not otherwise specified (if it is a mental health problem not clearly diagnosable into the above categories)

Not Included disorders of thinking and learning (intellectual disability and major learning disorders) are not regarded as mental disorders for the purposes of the GP Mental Health Care items, as these are mainly problems for educational and disability services.